

Philippians 2:1-4

A Message from Paul About Wearing a Mask

Paul writes to his church in Philippi while being under house arrest. He writes: Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.

Every Day with God

If there were ever a message for us during our pandemic crisis, this is the one. It would be so easy to first think of ourselves during this time when all of us are affected by Covid-19. Paul tells us to “value others above yourselves”.

He goes on to tell us that we should not be looking “to your own interests but each of you to the interests of the others.”

Just from what I read and see it looks like we are doing a pretty good job of first looking out for the interests of others. We can, however, be more aware of the need to wear a mask. When we do this we are, indeed, looking out for the interests of others. Although things are opening up a bit, let’s take the advice of those gone before us who warn us, “Let’s not count our chickens before they hatch.” In other words, to coin another phrase, “Let’s be safe rather than sorry.” Wear a mask. Paul would.



Photo: Paul reminds us to look out for the wellbeing of others.

Prayer: We thank you once again, Lord, for reminding us to think of others first.