

Philippians 4:4-9

How's Your Attitude?

“Rejoice in the Lord always. Again, I will say, rejoice! Let your gentleness be known to all men. The Lord is at hand. Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things. The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.”

Every Day with God

Our English word "attitude" comes to us through French, Italian, and Latin from a Greek word that meant "to fasten." It is something that has fastened itself to our minds. What should we fasten to our minds?



Photo: Let's remember to focus on the good things in life.

In our Bible reading for today, Paul is writing about an attitude that we should have. He tells us not to worry but to bring everything to God in prayer. We need to meditate or concentrate on the good things that Jesus has taught us. Let us think about things that are noble, just, pure, lovely, and things that are praiseworthy. These are the important things in life. When we change our attitude to focus on the good and when these are fastened to our mind, the God of peace will be with us.

Prayer: Dear Lord, give me an attitude of peace.