

# Chew Chew Snacks

Welcome to Chew Chew Snacks! In this document you will find everything you need to prepare fun and tasty snacks for each day of virtual VBS. Please read through each of the daily snacks prior to shopping (see shopping list) to check for needed modifications or if you need to purchase more or less of an ingredient based on the number of children you have or are in your care. All ingredients can be substituted/modified for reasons of availability, allergy, sensitivity, or taste preference.

**Important Information:** Please remember to use good hygiene and food safety practices when preparing snacks. Anyone touching ingredients should wash their hands prior to touching food and avoid touching their face or other surfaces. If you are participating in virtual VBS with more than one family group (e.g. you have a friend or neighbor's child(ren) in addition to your family) you may want to step up food safety by using gloves to prepare and serve snacks.

## Ingredient Shopping List:

- 1 box of Granola Bars
- 1 pkg of Twizzlers Pull'n'Peel or other brand licorice rope.
- 1 pkg of regular size bagels
- 1 8oz tub of cream cheese
- 1 bag of mini marshmallows
- 1 box of cocoa crispy rice cereal
- 1 pkg of Oreo cookies
- 1 pkg of large pretzel rods
- 1 tub of white frosting
- 1 box of full-size graham crackers
- Fruit of your choice – Strawberries, Blueberries, small oranges, bananas, etc....
- Optional 1 tub of Cool Whip or whipped topping (day five fruit pizza can be made with whipped topping, leftover frosting from day four, or leftover cream cheese from day two. In the video we will be showing the leftover frosting method.

## Day One: Chew Chew Tracks

Ingredients: Granola Bars (brand/flavor of your choice) 1 per child or 3-4 to make a track  
Twizzlers Pull'n'Peel or similar red licorice rope

Directions: Unwrap granola bars and line them up on a tray/plate to look like railroad ties. Peel off licorice ropes and place on granola bars to look like train tracks. As much as possible have kids help by unwrapping granola bars, peeling licorice, and building the tracks.

## Day Two: Bagel Tunnel

Ingredients: Regular size bagels (plain or flavored) 1 per child or 3-4 to make a tunnel.  
1 - 8oz. tub of cream cheese (whatever flavor your family likes)

Directions: Slice bagels in half (if not pre-sliced), then cut in half perpendicular. Lay sliced bagels on a plate/tray and spread cream cheese in an even layer on each bagel. Put bagel slices together and stand them up in a line to look like a tunnel. Again, let children do as much as possible or appropriate for their age.

### **Day Three:** Coal Crunch

Ingredients: 3 cups mini marshmallows  
1½ tablespoons of butter or margarine  
3 cups cocoa crispy rice cereal  
1½ cups finely crushed Oreo cookies

#### Directions:

1. Finely crush Oreo cookies in a large resealable plastic bag. Measure crushed cookies to make sure you have 1½ cups.
2. Put mini marshmallows and butter/margarine in a large microwave-safe mixing bowl, and heat in a microwave for 60-90 seconds.
3. Stir the melted mixture until smooth.
4. Incorporate the cocoa cereal and crushed Oreos.
5. Let the mixture cool for a few minutes, until safe to handle.
6. Once cool to touch, take a small handful and form into a rough ball/blob shape to look like coal.
7. Repeat ball/blob making until all mixture is divided up.
8. Place coal crunch balls on a plate or tray until fully cooled, then put in resealable bag for storage.

As with other snacks involve children as much as possible or age appropriate.

### **Day Four:** Crunchy Crossbuck

Ingredients: Large pretzel rods (2 per child)  
Frosting (flavor of your choice)

Directions: Place pretzel rods on a tray/plate. With a spoon put a good size dollop of frosting onto the middle of one of the pretzels. Place the other pretzel on the frosted pretzel in the middle so the frosting “sticks” them together. They should be in the shape of an X. Children should be able to make this themselves with a little help in scooping the frosting.

### **Day Five:** Good Friend Fruit Pizza

Ingredients: Full-size graham crackers (1 per child/family member)  
Frosting leftover from yesterday (crunchy crossbuck) or Cool Whip  
Assorted fruit like strawberries, blueberries, and small oranges (Cuties)

Directions: The whole point of this snack is that you make a pizza for a “friend”. So, parents can make one for their child, children can make one for their sibling/friend, or make one for a parent. Prep fruit by washing berries, slicing strawberries, and peeling and separating oranges. Put graham crackers on a plate/tray and spread a thin layer of frosting or Cool Whip (you should use more whipped topping than frosting). Ask your “friend” what they would like on their pizza and add fruit toppings. Enjoy your snack together!